

#### Procedures for Use

# **Central Venous Catheter Dressing Change**

# Supplies:

- ExSept® Plus Antimicrobial Exit Site, Skin & Wound Cleanser
- 1 Sterile package of 2x2 gauze pad
- 2 Sterile 4x4 gauze pads (2 sterile 2x2 gauze pads can be substituted)
- Chux sheet
- 2 Sterile fields or sterile underpads\*
- Sterile gloves\*
- Non-sterile gloves
- Dressing: occlusive or non-occlusive according to clinic protocol
- Staff face shield
- Patient mask
- Patient should use a face mask; staff member should wash hands and use appropriate PPE
- Place underpad under the catheter; open sterile field onto a newly cleaned surface or chux sheet
- Carefully open 2x2, 4x4 gauze pads and dressing onto sterile field
- Saturate gauze pads with ample amounts of ExSept Plus Antimicrobial Exit Site, Skin & Wound Cleanser (4x4: 8-12 ml; 2x2: 3-5 ml)
- Staff should put on clean non-sterile gloves
- Carefully remove old dressing from the catheter site and discard
- Assess exit site according to clinic protocol
- Remove non-sterile gloves
- Staff should wash hands and put on sterile or clean non-sterile gloves before cleansing exit site
- Take 1 of the saturated ExSept Plus Exit Site, Skin & Wound Cleanser 4x4 gauze pads and clean exit site, starting at the center and moving in a circular motion outward to a radius of at least 2 inches from the exit site
- Repeat with the second ExSept Plus Antimicrobial Exit Site, Skin & Wound Cleanser saturated 4x4 gauze pad
- Allow skin to fully air-dry
- Place sterile 2x2 gauze pad over the exit site, then place the dressing, taking care not to kink the catheter

\*Procedure can be done via sterile or aseptic technique

# **Peritoneal Dialysis Exit Site Dressing**

# Supplies:

- ExSept® Plus Antimicrobial Exit Site, Skin & Wound Cleanser
- Sterile 4x4 gauze pads
- Sterile cotton swabs
- Chux sheet
- 2 Sterile fields or underpads
- Sterile gloves
- Non-sterile gloves
- Dressing: occlusive or non-occlusive according to clinic protocol
- Staff mask
- Patient mask
- Tape
- Patient should use a face mask; staff member should wash hands and use appropriate PPE
- Staff should put on non-sterile gloves and assist the patient with placing a sterile underpad beneath their catheter
- Open sterile field onto newly cleaned surface or chux sheet
- Carefully open 4x4 gauze pads, cotton swabs, and dressing onto sterile field
- Saturate 4x4 gauze pads and cotton swabs with ample amounts of ExSept Plus Antimicrobial Exit Site, Skin & Wound Cleanser (8-12 ml)
- Assess exit site according to clinic protocol
- Remove non-sterile gloves, wash hands, and put on new sterile gloves
- Using sterile cotton swab, remove dried blood and exudates from the exit site
- Discard old swab and use new swab to repeat until exit site is clean
- Take 1 saturated ExSept Plus Exit Site, Skin & Wound Care 4x4 gauze pad and cleanse the exit site, starting at the center and moving in a circular motion outward to a radius of at least 2 inches from the exit site; repeat with another saturated ExSept Plus Antimicrobial Exit Site, Skin and Wound Cleanser 4x4 gaze pad until the site is clean
- Allow ExSept Plus Antimicrobial Exit Site, Skin & Wound Cleanser to fully air-dry on the skin
- Carefully apply dressing according to clinic protocol
- Tape as needed



Active Ingredient:
Sodium Hypochlorite (NaOCL) 0.114%
Inert Ingredients:
Sodium Chloride (NaCl) 1.7%; Purified Water (H<sub>2</sub>O) q.s.

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