

Phenol and Alcohol Procedure Utilizing ExSept Plus

Angelini Advanced Wound Care Products

1 Thoroughly cleanse the area with ExSept Plus. (leave on the area for two minutes)



2 Begin the procedure with an injection of a local anesthetic. The area around the ingrown nail should be completely "numb" to any pain.



3 Prep the toe with Providone Iodine. Next an "elevator" is used to elevate the nail plate and make a "track" where other instruments can pass safely without damaging the nail bed. This track extends to the back of the nail plate and underneath the base of the nail to the nail matrix area.



4 Next you will want to use a curved hemostat to elevate and "pullout" the corner of the nail and matrix.



5 It is important to release the nail matrix and nail edge in one piece.



6 Use a nail splitter or similar instrument to excise the nail edge and matrix.



7 Using a curette scrape off any loose tissue. If the nail bed is clean and smooth, the results will be better. Remember, any tissue left is ground for contamination and possible infection.



8 Using concentrated Phenol will prevent the nail from growing back; it also stops bleeding and destroys superficial nerve endings.



9 Apply a few drops of Phenol into the wound; a fresh cotton tipped applicator should be used for each application. The amount of applications is determined by the surgeon, usually between 5 – 10 applications.



10 Using ExSept Plus flush the nail groove to remove any Phenol left in the wound site.



11 Apply a bandage of choice.



12 The next day cleanse with ExSept Plus (leave on the area for two minutes) blot dry and re-dress the wound. This should be done twice a day.

